

The law requires that all children must be restrained when travelling in a car. Using a restraint that fits your child correctly significantly reduces their risk of injury in a car crash.

To provide the best available protection for a child passenger:



- Use an approved child restraint with the Australian Standards mark.
- Choose the best restraint for your child's size and keep them in this restraint until they no longer fit.
- Use this restraint for every single journey.
- Ensure restraints, including second hand restraints, are fitted and checked by an RTA Authorised Restraint Fitter, and refer to restraint manufacturer's instructions.

Where possible restrain all children in the back seat of the car. Child restraints including booster seats must not be fitted in the front seat of a car fitted with a passenger airbag.

The Kidsafe/MAA Child Road Safety Initiative is supported by the RTA, Early Childhood Road Safety Education Program, NSW Health, NRMA Motoring and Services, NSW Department of Education and Training and Farmsafe Australia.

Sizes and ages are provided as a guide only.

For more information contact  
Kidsafe NSW on 02 9845 0890 or

[www.kidsafensw.org](http://www.kidsafensw.org)

or the RTA Enquiry Line 13 22 13



NSW GOVERNMENT 

# Choose right fit right for a Kidsafe ride



## Forward Facing Child Seat

For children weighing  
around 9kg to 18kg  
(From ages 6 to 9 months  
to approximately 5 years)



## Booster Seat

For children weighing from  
around 18kg, from about  
5 years, until they fit correctly  
into an adult seat belt  
(at around 145cm tall)



Choose Right Fit Right  



# The right measures to keep your kidsafe

## Forward Facing Child Seat

For children weighing around 9kg to 18kg  
(From ages 6 to 9 months to approximately 5 years)



A child seat is designed to provide the best available passenger protection for children weighing from around 9kg

to 18kg, usually from ages 6 to 9 months to approximately 5 years.

A child seat faces forward and has a six-point harness. It is held in place with a vehicle's existing adult lap/sash seat belt and the tether strap from the restraint.

Always ensure that the child seat is fitted firmly to the vehicle and that the harness is fitted snugly on the child. The child must always have both arms within the harness.



A child seat should be used until your child no longer fits. This is when the child's shoulders are too broad to fit in the seat or when the child's eyes are above the top of the restraint.



Only move your child to the next type of restraint when they are too big for their current one.

Remember, size is a more important guide than age.



## Booster Seat

For children weighing from around 18kg, from about 5 years, until they fit correctly into an adult seat belt (at around 145cm tall)



A rigid booster seat with a back and side wings is recommended for children when they outgrow their forward facing

child seat, at around 18kg. A booster seat lifts a child so that an adult lap/sash seat belt, or a child harness with a centre rear lap belt, can fit well and provide better protection.

Never use a booster seat with a lap only belt. When using a booster with a harness, remember to tightly adjust the lap belt first, and then fit the harness snugly. A booster with a crotch clip can help keep the lap belt in place; a seat belt locator can help keep the shoulder strap of the adult seat belt in place.



Children should be secured in a booster seat until a good adult seat belt fit can be achieved. This is usually when they are about 145cm tall and the adult seat belt

fits low across the hip bones and the shoulder strap passes on the outer part of the shoulder, not across their neck. The lap belt should not ride up over the soft abdomen.

When using an adult seat belt either alone or with a booster seat, make sure that the shoulder strap is not placed under the child's arm or behind their back.



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